

iRise Wellness Board Meeting

Date of the Meeting: May 8, 2021

Zoom Link: <https://auburn.zoom.us/j/83191265214>

Check-in Question: What are you curious about?

Mission

iRise Wellness seeks to promote holistic wellness for people of color through community engagement.

Vision

The vision of iRise Wellness is to create a transformative experience through purpose

Values are to embody the 5 E's:

Education of others,

Empowering people to challenge themselves,

Encouraging self-expression

Enhancing one's community

Engaging creative practices through a healthy mind, body, and soul.

Attendance

President-present

Director -

Secretary -

Treasure -

Community Service-

Intern - darnel

Discussions items

- Website Updates

- Social Media Project
 - May Mothers Appreciation
 - June Fathers Appreciation
 - July Earth & Environmental Justice

Events

- Saturday Night Vibe @5pm (PST/EST)
 - 30 min with Q&A
 - 5/15: LaTecia: Expression through Art: Reimagined Project
 - 6/5: LaTecia: Fatherhood Wellness
 - 6/19: Juneteenth - Siobhan
 - 7/3: LaTecia
 - 7/17-Siobhan- What crystals are right for you (Partner with Queen Hippie Gypsy)
 - 8/7: Toria
 - 8/21: LaTecia: Investment Mindset with T
 - 9/4-Lex
 - **9/18: Siobhan (Higher ed Summit)**
 - 10/2- Toria- Self care before the holidays (partner with the lady that spoke at SoACE)
 - 10/16: LaTecia
 - 11/6: LaTecia
 - 11/20-Toria- Astrology
 - 12/4: Lex
 - 12/18-Siobhan (Planning to grow your vision: Don't wait til January 1st!)
 - 12/25: Christmas
- Garden Project Update
 - Meet with Boys & Girls Club
 - Contact person will be on vacation July 16, 2021 from 12-2pm
- Higher Education Summit: Fall-September 18th , 2021
 - Higher ed/ students
 - [Trello Board](#)
 - Theme: Embracing the Unknown
- Holiday Event October-December
 - Pick an Org in ATL

Board Reports

- President Report
 - Federal Paperwork Nonprofit (Siobhan/Toria/LaTecia)
 - Bank Account Online

- Director Report
- Secretary
- Treasure
- Community Service
- Intern

Task: